

## 2008 Home Meal Service Menu



### Pork Tenderloin Entrees

Apricot-Mustard Glazed  
Cajun Style  
Fajitas  
In Chile-Maple Sauce  
In Pomegranite Sauce  
In Spiced Tomato Pan Sauce  
Jamaican Jerk (spicy)  
Mexican Style  
Pineapple  
Plum Glazed

Raspberry Glazed  
Saltimboca  
Stir-Fried with Ginger & Broccoli  
Stir-Fried with Savoy Cabbage  
Stuffed with Apples  
Stuffed with Cherries  
Stuffed with Porcini Mushrooms  
Stuffed with Spinach & Mushrooms  
Tuscan Style

### Pork Chop Entrees

Apple Cider Glazed  
Cajun Style

Spanish Smoked Paprika  
Stuffed with Bread Dressing

### Pork Sausage Entrees

Beer-Boiled Bratwurst  
Cajun Andouille (spicy)  
Giambotta (Italian Sausage, Peppers,  
Mushrooms & Onions)

Italian Sausage & Peppers (hot or mild)  
Italian Sausage Frittata

### Pork Baby Back Rib Entrees

BBQ Chicago Style  
Chinese Style

Jamaican Jerk BBQ (spicy)

### Hearty Beef Entrees

BBQ Beef  
Chili  
Classic American Stew  
Hungarian Goulash  
Indian Tomato Curry

Italian Style Stew  
Meatloaf  
Mexican Style Stew  
Pot Roast  
Stuffed Peppers

### Beef Stir-Fry Entrees

In Asian Peanut Sauce  
With Broccoli

In Italian Orange Sauce



### **Salmon Entrees**

Blackened  
Buffalo-Style  
Citrus-Glazed  
Coconut-Crusted  
Herb-Crusted  
Indian-Spiced

Maple-Mustard Glazed  
Soy-Honey Glazed  
With Ginger-Orange-Mustard Sauce  
With Mustard-Herb Butter  
With Spanish Chutney  
With Spice Rub

### **Shrimp Entrees**

Cajun BBQ (spicy)  
Chipotle (spicy)  
Creole  
DeJonghe  
Etoufee  
Fajitas

In Thai Curry with Asparagus & Snap Peas  
Jamaican Curry  
Mexican Style  
Stir-Fried with Pea Pods  
With Couscous Paella  
With Tomato Curry

### **Crab Entrees**

Cajun Crab Cakes with Remoulade Sauce

Tropical Crab Cakes with Mango Sauce

### **Fish Entrees**

Baked with Vegetables  
Escovitch  
Sautéed in Lemon-Butter Sauce

Sesame-Crusted with Soy-Ginger Sauce  
Spanish Style  
With Orange Rum Sauce

### **Chicken Entrees**

African Peri Peri (spicy)  
Apricot  
Apricot-Mustard  
Arroz con Pollo  
Baked with Peaches  
Balsamic  
BBQ  
Cacciatore  
Cheesy Chile Style  
Cuban Style with Black Beans  
Drunken

Enchiladas  
Fajitas  
Florentine  
Greek Style  
Hawaiian Style  
Jalapeno Orange Mustard  
Jamaican Brown Stew  
Jamaican Jerk (spicy)  
Jamaican Rundown  
Marsala  
Parmesan



### Chicken Entrees, cont.

Pecan-Crusted  
Rosemary  
Saltimboca  
Sesame-Crusted  
Sriracha-Glazed with Onions  
Stew with Carrots, Onions & Potatoes

Vesuvio  
With Artichokes in Parmesan Sauce  
With Creole Mustard Cream Sauce  
With Dijon-Tarragon Cream Sauce  
With Jollof Rice  
With Roasted Tomatillo Salsa

### Turkey Entrees

Chipotle Corn & Black Bean Chili  
Italian Turkey Sausage Giambotta

Italian Turkey Sausage-Stuffed Peppers  
Roasted Turkey Breast

### Meatless Entrees

Artichoke & Mushroom Frittata  
Baked Ziti  
Bean & Cheese Enchiladas  
Black Bean & Roasted Vegetable  
Enchiladas  
Cannellini Bean Stew  
Cheese & Spinach Ravioli  
Cheese Ravioli  
Chipotle Corn & Two-Bean Chili  
Eggplant Lasagna  
Grilled Vegetable Fajitas  
Grilled Vegetable Frittata  
Lentil Stew

Macaroni & Cheese  
Mexican Frittata  
Pasta Arrabiata (spicy)  
Pasta e Fagioli  
Pasta with Pesto Sauce  
Pasta with Porcini Cream Sauce  
Penne in Vodka Sauce  
Portabello Pizza  
Spinach Lasagna  
Thai Vegetable Curry  
Three Bean Chili  
Vegetable-Stuffed Peppers

### Pasta & Rice Entrees

Baked Ravioli (various flavors)  
Baked Ziti  
Cheese Manicotti  
Chicken & Porcini Risotto  
Fettucine with Shrimp & Andouille Sausage  
Jambalaya  
Lasagna  
Macaroni & Cheese

Pasta Arrabiata (spicy)  
Pasta Bolognese  
Pasta with Pesto Sauce  
Penne in Vodka Sauce  
Porcini Mushroom Risotto  
Risotto Milanese  
Shrimp, Zucchini & Pancetta Linguine

## Soup Entrees

Baja Black Bean  
Bean & Bacon  
Beef Barley  
Cajun Gumbo  
Chicken & Matzo Ball  
Chicken & Rice  
Chicken Noodle

Curried Lentil  
Minestrone  
Mushroom Barley  
Pasta e Fagioli  
Vegetable  
White Bean & Pancetta



## Salads & Salsas

Asian Style Cole Slaw  
Banana Nut  
Black Bean Salsa  
Caesar  
Cajun Cole Slaw  
Chopped Salad  
Cucumber Onion Salad  
Greek Style  
Italian Tomato & Onion (seasonal)

Japanese Cucumber  
Jicama Cucumber Slaw  
Mango Salsa  
Mango-Chayote Salsa  
Oil & Vinegar Slaw  
Pasta Salad  
Spanish Potato  
Taco

## Homemade Salad Dressings

Asian  
Bleu Cheese  
Caesar  
CHOP Signature Balsamic Vinaigrette  
Country French Vinaigrette  
Creamy Lemon  
Creamy Peppercorn

Creamy Tarragon  
Creole Mustard Vinaigrette  
Greek  
Honey Mustard Vinaigrette  
Italian Red Wine Vinaigrette  
Ranch  
Tangy Lemon Dijon

## Vegetable Side Dishes

Acorn Squash with Apples  
Acorn Squash with Brown Sugar Glaze  
Acorn Squash with Soy Honey Glaze  
Asian Stir-Fried Vegetables  
Asparagus  
Baked Beans  
Bell Pepper Saute  
Broccoli  
Cauliflower  
Cauliflower "Mashed Potatoes"  
Confetti Corn

Corn & Black Beans  
Corn on the Cob (seasonal)  
Creamed Spinach  
Glazed Carrots  
Green Beans  
Green Beans Amandine  
Italian Style Green Beans  
Pan-Roasted Asparagus with Thyme  
Pinto Beans with Chiles  
Roasted Acorn Squash  
Roasted Asparagus



### **Vegetable Side Dishes, cont.**

Roasted Autumn Vegetables (seasonal)  
Roasted Baby Eggplant  
Roasted Brussels Sprouts  
Roasted Butternut Squash  
Roasted Carrots  
Roasted Cauliflower  
Roasted Corn (seasonal)  
Roasted Parsnips (seasonal)  
Roasted Summer Squash (seasonal)

Roasted Zucchini  
Sauteed Green Beans & Mushrooms  
Sauteed Mixed Mushrooms  
Sauteed Spinach & Garlic  
Sauteed Spinach & Mushrooms  
Sesame Broccoli  
Steamed Artichokes  
Stuffed Onions  
Sugar Snap Peas

### **Starch Side Dishes**

Baked Sweet Potato  
Basmati Rice  
Brown Basmati Rice  
Brown Long-Grain Rice  
Garlic Bread  
Jasmine Rice  
Long-Grain White Rice  
Mashed Potatoes

Mashed Sweet Potatoes  
Oven-Fried Sweet Potatoes  
Roasted Baby Potatoes  
Roasted Garlic Mashed Potatoes  
Roasted Russet Potatoes  
Spanish Brown Rice  
Spanish Rice

### **Fruit Side Dishes**

Broiled Pineapple  
Cranberry Relish  
Fruit Compote

Fruited Rice Pilaf  
Roasted Plums (seasonal)

### **Combination Side Dishes**

Barley & Vegetable Pilaf  
Black Beans & Rice  
Jamaican Rice & Peas  
Quinoa with Mixed Vegetables

Red Beans & Rice  
Rice Pilaf  
Vegetable Couscous